

DAYANAND ARYA KANYA DEGREE COLLEGE MORADABAD

www.dakcollege.org

Title	Ms.	First Na	ıme	Neetu	Las	t Nam	e	Singh			Photograph	
Name of Spo	use	Mr. Deepak Rana										
Father's Nan	ne	Mr. Raj Veer Singh										
Mother's Name Mrs. Padma Singh												
Designation Assistant Professor												
Department Physical Education and Sports												
Address		D.A.K Degree College, Civil Lines, Moradabad							ĺ			
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Web-Page												
	Educational Qualifications (Graduation Onwards)											
Course/Degree Institut							S	s/Thesis Topic/Subjects				
B.P.Ed		LNIPE, C	E, Gwalior						Physi	Physical Education and Yoga		
M.P.Ed		LNIPE, C	PE, Gwalior						Speci	aliz	alization in Exercise	
							hysiology and Yoga					
Career Profil	e											
Organization	/ Insti	tution Designation			Duration				R	lole		
D.A.K Degree C	ollege,		Assistant Professor		2yrs 10 months			Physical Educationist				
Moradabad	Moradabad											
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Research Into	Research Interests / Specialization											
Specializatio	Specialization in Exercise physiology and Yoga.											
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Teaching Ex							1 /		1 .			
Teaching Physical Education and Sports to Science and Arts Graduates.												
Honors & Av	Honors & Awards											
Publications	/Acade	emic Act	tivities (Numb	ers (Only)						
Books &		Research	ı	2	Pape		4	Semi	inars/		Research Projects 1	
Monographs				(Completed)								
(Single Author)	Published in Seminars/ Organized Conferences											
Author		Journals			Con	iei ence	LB					
Books (Co-		Research		1	Sem	inar/	6	Wor	kshops	3	Research Projects	
authored)		Papers			Con	ference	es		nized		(Ongoing)	

	Published in Other Journa	Attended		
Books	Articles	Sessions	Membership	Foreign Countries
(Edited)	Published in	Chaired in	of Academic/	Visited for Academic
Chapters in	Popular Fora	, Seminars/	Professional	Assignments
Edited Books	e.g., Websites	, Conferences	Bodies	
	Blogs,	Resource		
	Newspapers,	Lectures		
	Magazines et	c. Delivered		

Details of	Publications /A	Academic	Activities ((2013)	Onwards)

(a) Books / Monographs

Year of Publication	<u>Title</u>	<u>Publisher</u>	<u>ISBN</u>	Co-Author (s) (if any)

(b) Papers Published in Indexed/ Peer Reviewed Journals

Year of Publication	<u>Title</u>	<u>Journal</u>	ISSN/ Indexing	Co-Author (s) (if any)
2019	Analysis of Mental Toughness among Yogic Practitioners and Physical Educators	International Journal of Physical Education and Sports sciences	ISSN:2231-3745 IJIindex:3.58	1
2019	Yoga: A need in Modern Era	International Journal of Physiology, Nutrition and Physical Education	ISSN:2456-0057 RJIF:5.43	Nil
2019	Role of Yoga in Sports	Think India(Quarterl y Journal)	Issn:0971-1260 Vol-22	Nil

(c) Articles

1. Article published on Yoga for Indigestion in the magazine of D.A.K Degree College, Moradabad in 2018.

(d) Seminar/Conference Presentations

Paper Presented on the topic Role of Yoga in Sports in 2 days National Seminar conducted by Indira Gandhi Government Post Graduate College, Unnao.

(e) Resource Lectures Delivered

- 1.Lecture Delivered for NCC students on First Aid in D.A.A Degree college, Moradabad in sept 2017.
- 2. Lecture session delivered in the webinar conducted by Mahesh Counselling Center and Diamond Yoga Studio on the topic 'Impact of Music and Yoga in Tension' on 08/06/2020.
- 3. Delivered a Lecture in Lecture series conducted by Everest Sports Academy on Stress and Yogic Management to deal with it on 26/06/2020.

(f) Seminars/Conferences/Workshops Organized

- 1. Workshop on Yoga was organized on 19/12/2018 in College Premises.
- 2. Workshop on Yoga and aerobics was organized on National Sports Day i.e on 29/08/19.
- 3. Workshop on Holistic Development: A way of Life was organized on 27/09/19.

(g) Public Service / University Service / Consulting Activity

- 1. Successfully Conducted Basketball intercollegiate in 2017,2018 &2019.
- 2. Acted as a Team Manager of North zone Girls Basket Ball team in 2017 & 2018.
- 3. Conducted Matdata Jagrukta Rally in 2019.
- 4. Acted as a manager of Girls College team of Kho Kho, Football and Basket Ball in 2017,2018,2019.

- 5. Conducted 1st Late Sushila Girls Table tennis Tournament in 2018.
- 6. Successfully Conducted 10 days online Yoga workshop with the title 'Lifestyle Management through Yoga' From 12/06/2020-21/06/2020.

(h) Memberships of Academic/Professional Bodies

Member of District Sports Promotion Committee

Projects (With Title, Year, Grants, Funding Agency and Collaborations)

Administrative Positions/Assignments Held

Incharge of Physical Education and Sports Department since 29/09/2017. Convenor of Sports committee of D.A.K Degree College since 2019.

Academic Foreign Visits

Any Other Details

- 1. Successfully Completed 1 month ie. 01/02/2019-28/02 /2019 UGC Orientation program from HRDC Nagpur.
- 2. Successfully Completed 14 days UGC Refresher course 06/01/2020-18/02/2020 from HRDC Nagpur.

Signature of Faculty Member (in Hard Copy Only)

Note: Please submit this file to E-mail ID: <u>dakcollege@gmail.com</u>, through your own E-mail ID.