



**DAYANAND ARYA KANYA  
DEGREE COLLEGE  
MORADABAD**  
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Title	Prof./Dr./Mr./Ms.	First Name	ANITA	Last Name	PHARSWAN	
Name of Spouse	MR. PANKAJ SINGH					
Father's Name	MR. GABBAR SINGH					
Mother's Name	MRS. GANESHI DEVI					
Designation	ASSISTANT PROFESSOR					
Department	PHYSICAL EDUCATION & SPORTS					
Address	(Campus)	Department of Physical Education & Sports D.A.K.Degree College, Moradabad (474001)				
	(Residence)	Flat no. 404, Tower 3, Madhuban Greens Apartment, Ram Ganga Vihar , Moradabad (474001)				
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Educational Qualifications (Graduation Onwards)						
Course/Degree	Institution			Year	Details/Thesis Topic/Subjects	
B.P.ED. 4 Year Integrated Degree Course	Lakshmibai National University of Physical Education (LNPE), Gwalior.			2007-2011	Physical Education	
M.P.ED. 4 Semester Integrated degree Course	Lakshmibai National University of Physical Education (LNPE), Gwalior.			2011-2013	Physical Education	
NET	University Grant Commission (UGC)			2014	Physical Education	
Career Profile						
Organization / Institution		Designation	Duration	Role		
D.A.K. Degree College, Moradabad		Assitant Professor	2 years 4 months	Teaching		
HNBGU, Srinagar Garhwal		Assitant Professor	2 years (UG & PG)	Teaching (Guest Faculty)		
Allahabad University, Allahabad		Assitant Professor	1 semester (PG)	Teaching (Guest Faculty)		
Research Interests / Specialization						
Physical Education						
Teaching Experience (Subjects/Courses Taught)						
Physical Education						
Honors & Awards						
Women Empowerment"Teelu Rauteli Award" ( Uttarkhand) State Award						
Publications /Academic Activities (Numbers Only)						

Books & Monographs (Single Author)	01	Research Papers Published in International Journals	07	Papers Presented in Seminars/ Conferences	06	Seminars/ Conferences Organized	-	Research Projects (Completed)	-
Books (Co-authored)	-	Research Papers Published in Other Journals	02	Seminar/ Conferences Attended	07	Workshops Organized	-	Research Projects (Ongoing)	-
Books (Edited)	-	Articles Published in Popular Fora, e.g., Websites, Blogs, Newspapers, Magazines etc.	-	Sessions Chaird in Seminars/ Conferences	-	Membership of Academic/ Professional Bodies	01	Foreign Countries Visited for Academic Assignments	-
Chapters in Edited Books	01			Resource Lectures Delivered	-				

Details of Publications /Academic Activities (2013 Onwards)

(a) Books / Monographs

Year of Publication	Title	Publisher	ISBN	Co-Author (s) (if any)
2018	Hand Book Of Physical Education and Sports Sciences	ABS Books	978-93-86088-09-3	05
2016	Fundamental of Beach Volleyball	International E-Publication	978-93-84659-42-4	-

(b) Papers Published in Indexed/ Peer Reviewed Journals

Year of Publication	Title	Journal	ISSN/ Indexing	Co-Author (s) (if any)
May 2015	Analysis of Angular Kinematic Variable During Float Serve of Shoulder Joint (Striking Arm)	Indian Journal of Research PARIPEX	2250-1991	01
March 2016	BMI of Health and Fitness	International Journal of Medical and Health Research	2454-9142	01
Dec 2014	Effect of Mental Practice Combined with Physical Practice on Forehand High Serve Performance	Golden Research Thoughts	2231-5063	03
April 2015	Analysis of Angular Kinematic Variable During Float Serve of Elbow Joint	International Journal of Informative & Futuristic Research	2317-1697	01
March 2016	Analysis of Selected Kinematic variables with the Performance of Volleyball Players in Float Serve	International Journal of Multidisciplinary Research and Development	2349-4182	02
2016	Effect of Surya Bhedan and Chandra Bhedan Pranayama on Shooting Ability in Basketball	International Journal of Physical Education, Sports and Health	2394-1693	03
March 2016	Obesity: A Big Threat to Health	International Journal of Academic Research and Development	2455-4197	02
2016	An Analysis Study on Arm Girth of High and Low Performance of Elite Throwers	International Journal of Applied Research	2394-7500	04
March 2015	Anaysis of Angular Kinematic Variable at Knee joint of Volleyball Players in Serve	Online International Interdisciplinary Research Journal	2249-9598	-

(c) Articles

Presented on ' Indian River: Threat and Protection' in a national Seminar On "water, the Animated Life: Challenge and Solutios" organised by UPSA in Conjunction with: UGC Human Resource Development Centre, Kumaun University, Nainital. Sponsered by Uttarkhand State Council for Science and Technology (UCOST) from 8 march to 9march 2019.

<u>(d) Seminar/Conference Presentations</u>	
	<ol style="list-style-type: none"> <li>1. Presented on 'Contribution of Higher Education in Overall Education' in a National Seminar on Quality Improvement in Higher Education: in Prespective of NAAC Organised by Internal Quality Assurance Cell (IQAC) Hindu College, Moradabad On 11 March 2018.</li> <li>2. Presented on "वर्तमान परिवेश मे पत्रकारिता का लश्य एवं महत्व" in a National Seminar on 'हिन्दी पत्रकारिता का स्वरूप: चुनौतियाँ एवं संभावनाएँ" organised by Jagdeesh Saran Hindu PG College, Amroha from 20 Feb to 21 Feb 2018.</li> <li>3. Presented on "देश के निर्माण मे राष्ट्रवाद की भूमिका एवं महत्व" in a National Semiar on ' राष्ट्रवादी चेतना के मार्ग मे चुनौतियां: कल, आज और कल'organised by KGK PG College, Moradabad from 12 Feb to 12 Feb 2018.</li> <li>4. Presented on "Role of Value Education in Modern Society" in a national Seminar on 'Value-Added Education in Preset Era' Organised by Shree Balaji Academy, Sambhal Road, Moradabad from 10 Feb to 11 Feb 2018.</li> <li>5. Presented on " Indian River: Threat and Protection" in a National Semirn on Water, The Animated Life: Challenges &amp; Solutions organised by In Conjunction with: UGC- Human Resource Development Centre, Kumaun University, Nainital from 8 March 9 march 2019.</li> <li>6. Presented on " in a National Seminar on Need and Challenges of Intellectual Property Rights Jointly Organised by IPRC &amp; IQAC, Hindu College, Moradabd and IQAC, IFTM University, Moradabad on 30 September 2019.</li> </ol>
<u>(e) Resource Lectures Delivered</u>	
	N/A
<u>(f) Seminars/Conferences/Workshops Organized</u>	
	N/A
<u>(g) Public Service / University Service / Consulting Activity</u>	
	N/A
<u>(h) Memberships of Academic/Professional Bodies</u>	
	N/A
<u>Projects (With Title, Year, Grants, Funding Agency and Collaborations)</u>	
	N/A
<u>Administrative Positions/Assignments Held</u>	
	N/A
<u>Academic Foreign Visits</u>	
	N/A
<u>Any Other Details</u>	
	<ol style="list-style-type: none"> <li>1. Succesfully complete<sup>d</sup> With "A" Grade UGC- Sponsered Oreintation Programme organised by University Grants Commission Human Resource Development Centre Kumaun University, Nainital from 1 March to 30 March 2019.</li> <li>2. Successfully completed the Short Term Training Programme on 'Open Educational Resources in Higher education: Prospects and Challenges' for the Teachers of Universities and Colleges Organised by Faculty Development Cetre under the PMMMNMTT scheme of MHRD, Govt.of India at HNB Garhwal University, Srinagar Garhwal, Uttarakhand, during December 17-23 2019.</li> </ol>

Signature of Faculty Member  
(in Hard Copy Only)

**Note: Please submit this file to E-mail ID: [dakcollege@gmail.com](mailto:dakcollege@gmail.com), through your own E-mail ID.**